

Enrolment for Tai Chi for Arthritis

Start Date:

Time:

Duration: 10 weekly sessions (every Saturday)

Venue: NAF Events Hall @ #01-01 D'Centennial

Attire: Loose, comfortable clothing

Instructor: Assoc. Prof Lau Tang Ching (Certified Tai Chi for Arthritis Instructor)

[Note: Instructor subject to change depending on instructor(s)' availability]

Name:

Gender: Male / Female

Email:

Contact No.:

- | | | |
|--------------------------|---------------------------------------|-----------|
| <input type="checkbox"/> | Life Membership | S\$100.00 |
| <input type="checkbox"/> | Tai Chi for Arthritis
(Member) | S\$60.00 |
| <input type="checkbox"/> | Tai Chi for Arthritis
(Non-Member) | S\$100.00 |

Others:

- | | | |
|--------------------------|---|----------|
| <input type="checkbox"/> | DVD & Handbook – Tai Chi for Arthritis (1 set)
(2- Disc DVD & Handbook) | S\$40.00 |
| <input type="checkbox"/> | DVD & Handbook – Tai Chi for Arthritis (2 sets)
(2- Disc DVD & Handbook) | S\$60.00 |

Signature of Participant

Date

Payment Mode:

1. Cheque should be crossed and made payable to: **National Arthritis Foundation**.

Please mail to:

Address: 100 Lorong 23 Geylang #01-01 D'Centennial Singapore 388398

Bank and Cheque No: _____

2. Payment by bank transfer should be made to:
Payee: **National Arthritis Foundation**
Bank's Name: **Maybank Singapore Limited**
Account No: **04211107334**
Please indicate "**Your name – Tai Chi**" under remarks.

3. Payment via PayNow:
National Arthritis Foundation
UEN: **S84SS0010J**
SCAN TO PAY

Please indicate "**Your name – Tai Chi**" under reference.



Email completed form to: carmen@naf.org.sg